



Young Person & Child Personal Care Policy

1. At present a parent/ carer would normally be available to complete all personal care. If circumstances arise that a JIGSAW volunteer/ employee needs to carry out personal care it is their responsibility to follow this policy and for them to inform the lead coordinator when they are assisting with a child's personal care.
2. When a young person needs help toileting or needs changing this should be done sensitively with their consent.
3. For safeguarding reasons, two workers/volunteers who have enhanced DBS checks should always be present when a young person is changed or helped in the toilet. Where possible, and/or at the preference of the young person, the employee/ volunteers should be of the same gender as the young person. One person should be at their head and reassure them by talking to their face while the other changes them.
4. If the young person does not need changing but needs personal assistance in the toilet and they choose to use the non disabled toilet, one (same gender if possible employee/ volunteer should assist the young person while the other (same gender if possible) stands at the door to provide privacy by preventing others entering. In this way volunteer is ever left alone with a young person in the toilet.
5. The disposable gloves, changing mats/soiled nappies and wipes should be sealed in a nappy sack and put in the bin in the disabled toilet. Any surfaces used should be sprayed and wiped with antibacterial spray and the cloth/wipe used disposed of hygienically. Hands should be washed thoroughly after taking gloves off and antibacterial gel can be used as an extra precaution.
6. When a young person needs their clothes changed the soiled clothes should be rinsed, placed in a sealed nappy sack/carrier bag and put into the young person's bag to go home with them.

