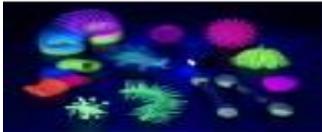
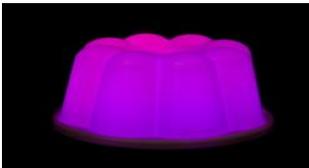


H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H101		Dark Den Kit1	<ul style="list-style-type: none"> -Calming sensory lights to touch and feel. -Ideal for use with Dark dens (see H114 & H115) <p><i>Requires Batteries</i></p>	50p
				50p
H102		Dark Den Kit 2	<ul style="list-style-type: none"> -Calming sensory lights to touch and feel. -Ideal for use with Dark dens (see H114 & H115) <p><i>Requires Batteries</i></p>	50p
				50p
H103		Colour changing cube	<ul style="list-style-type: none"> -Slow colour changing light -Calming effect -Perfect for a night light <p><i>Requires Batteries</i></p>	50p
				50p
H104		Baby musical projector with relaxing sounds	<ul style="list-style-type: none"> -Plays calming music or wildlife sounds -Projects images on to the ceiling <p><i>Requires Batteries</i></p>	50p
				50p
H105		Glitter Tube	<ul style="list-style-type: none"> -Produces mesmerising patterns when used in the dark -Calming gentle effect <p><i>Requires Batteries</i></p>	50p
				50p
H106		Rainbow Projector This enchanting light projector displays a rainbow on walls or ceilings in a darkened room.	<ul style="list-style-type: none"> -Produces mesmerising patterns when used in the dark -Calming gentle effect <p><i>Requires 4 x AAA batteries</i></p>	£1.00
				£1.00

H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H107		Portable UV light Stand alone or hold in your hand, this versatile light brings any UV object to life.	-UV light provides a visual medium that gives a dramatic eye-catching effect. -Gives captivating bright vivid colours. <i>Requires AA batteries</i>	£1.50
				£1.50
H108		Relaxing Ocean Wave Projector With speakers & MP3 input	-Creates a relaxing & calming space -With speakers so music may be played and enhance relaxation effects	£1.50
				£1.50
H109		UV Kit	-Tactile -Visually stimulating	£1.00
				£1.00
H110		Electric Lava Lamp	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight Parental supervision at all times	£1.50
				£1.50
H111		Electric Glitter light	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight Parental supervision at all times	£1.50
				£1.50
H112		Jelly light	-Mesmerising colour changes -Relaxing & calming when used in the dark -Good for sensory seekers -You can choose the colour by pushing on the jelly's soft squidgy cover	£1.50
				£1.50

H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H113		Space projector & 4 oil wheels The Space Projector rotates coloured oils to produce moving patterns.	-Helps create soothing and calming environment -Provides a captivating visual reward <i>Requires Batteries</i>	
				£2.00
H114		Small Pop up doodle dark dome	-Use anywhere, anyplace, anytime of day -Provides a safe environment for children to escape to <i>Light wand requires 2 AAA batteries</i>	
				£1.00
H116		Pop up white projector mat & shelter	-Creates an instant projection theatre enabling images to be projected within the child's field of vision. -Ideal for bringing images closer.	
				£1.50
H117		CD Bedtime meditation	-Calming CD to help relax -Helps sleep -Guided imagery	
				£1.00
H118		CD Relaxing classics for kids	-Calming classical music -Helps relax -Aids sleep	
				50p
H119		CD Bird sounds	-Calming CD to help relax -Helps sleep	
				50p
H120		Relax Kid's Anger management CD	-Simple relaxation techniques to help manage anger & emotions	
				£1.00

H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H121		Vibrating foot muff	-Great stress reliever for tired & stressed mummy's!!! -May help sensory seeking kids	£1.00
H122		Vibrating Foot Spa	-Great stress reliever for tired & stressed mummy's!!! -May help sensory seeking kids	£1.00
H123		Vibrating Foot Spa	-Great stress reliever for tired & stressed mummy's!!! -May help sensory seeking kids	£1.00
H124		Colour Changing Fibre Optic Light	-Visually appealing -Encourages interaction- reach out, touch, explore, movement & texture. -Focuses attention & concentration <i>Requires Batteries</i>	50p
H125		Senseez Vibrating Red Octagon Cushion	The vibrating cushions can calm kids who need more sensory feedback or help train hypersensitive kids to tolerate more sensations. <i>Requires Batteries</i>	£1.50
H126		Baby Projector 2 available	-Plays calming music -Projects images on to the ceiling <i>Requires Batteries</i>	50p
H127		Lullaby Star Cube	-A more grown up option for those children (or adults!) who like light to relax -Has lullabys and nature sounds to help with relaxation -Good for those with tinnitus <i>Batteries Required</i>	£1.00

H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H128		Vtech Lullaby Light-up Lamb	<ul style="list-style-type: none"> -Calming music & nature Sounds -Can be activated by baby -Soft glow light <p><i>Batteries Required</i></p>	
				50p
H129		Lullaby Classics	<ul style="list-style-type: none"> -Calming classical music -Helps relax -Aids sleep 	
				50p
H130		Relax with Nature 3 Volume set -Ocean, Summer & Rainforest sounds	<ul style="list-style-type: none"> -Calming nature sounds -Effective when played at low volume to make atmosphere more restful 	
				£1.00
H131		Auraglow Colour Changing Light Bulb <i>Bayonet fitting</i>	<ul style="list-style-type: none"> -Produces a calm atmosphere in any room -Energy saving light bulb so it can be left on safely -5 different speed settings 	
				£1.00
H132		Full Colour Rotating Lamp <i>Bayonet Fitting</i>	<ul style="list-style-type: none"> -Produces a calm atmosphere in any room -Energy saving light bulb so it can be left on safely 	
				£1.00
H133		Senseez Furry Fun vibrating cushion <i>2 x AA Batteries required</i>	The vibrating cushions can calm kids who need more sensory feedback or help train hypersensitive kids to tolerate more sensations.	
				£1.50

H. Relaxation & Wind Down

Item Number	Picture	Item description	Benefits	Cost
H134		Mermaids & Fairy Dust Beautiful and imaginative meditations for wonderful little girls of all ages.	-Helps promote calm and wellbeing -Improves focus and concentration -Develops confidence and creativity - Helps you to sleep soundly and peacefully	
				£1.00
H135		The Lake -Help your child to Sleep For Children aged between 4 and 12 years of age who have problems falling or staying asleep	It can help children's' attention span, concentration and focus, when related to the children previously not sleeping enough.	
				£1.00
H136		Vibrating body massager with lights	-Helps relaxation -May be good for those with sensory difficulties	
				£1.00
H137		Rotating disco light	-Fun rotating light -Help to stimulate the visual sensory system. -Promote visual tracking	
				£1.00