











E. Weighted and Compression Items

		Item Description	Benefits	Cost
E101		<p>Lycra Fabric</p> <p>-Ensure child is always able to free themselves</p>	-The lycra provides proprioceptive feedback & promote self-calming, focus and increased body awareness. Many sensory seeking and challenging behaviours are often reduced with deep pressure	£1.00
E102		<p>Lycra Fabric</p> <p>-Ensure child is always able to free themselves</p>	-The lycra provides proprioceptive feedback & promote self-calming, focus and increased body awareness -Many sensory seeking and challenging behaviours are often reduced with deep pressure	£1.00
E104		Dolphin Wrap	- Provides a calming weight around the shoulders or on the lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention.	£1.50
E105		Small Lap cushion (Cord)	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E106		Medium Sized Lap cushion (Cord)	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00






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		Item Description	Benefits	Cost
E107		Small Lap cushion (Fleece)	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E108		Medium Lap cushion (Fleece)	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E109		Small Sized Body Sock (Adult supervision advised)	The lycra provides proprioceptive feedback & promote self-calming, focus & increased body awareness. Fun way of providing sensory feedback!	£2.00
E110		Weighted and compression vest	This vest provides a combination of pressure and weight that feels like a wonderful hug. Great for helping to focus or to help calm if agitated or over stimulated.	£2.00
E111		Weighted fleece waistcoat	The deep pressure has a calming effect on the body's proprioceptive system. Can increase attention span and reduce hyperactivity often seen in children with autism, ADHD, sensory and learning difficulties	£2.00








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		Item Description	Benefits	Cost
E112		<p>3 kg Weighted Blanket (Sensory direct)</p> <p><i>Safety advice-Blanket should be removed once the child is asleep</i></p>	May help sensory seeking children calm their body, helping aid a peaceful nights sleep. Can help relieve anxiety and stress, easing transition and helping prevent melt-downs & repetitive behaviours.	£3.00 (£10 deposit)
E113		<p>Medium Sized Green Body sock</p> <p>Adult supervision required</p>	The lycra provides proprioceptive feedback & promote self-calming, focus & increased body awareness. Fun way of providing sensory feedback!	£2.00
E115		<p>Weighted Snake</p>	In addition to being weighted, the snake is made out of a range of different tactile materials making him an allround sensory experience.	£1.50
E117		<p>2 kg Weighted Blanket (TTS)</p> <p><i>Safety advice-Blanket should be removed once the child is asleep</i></p>	May help sensory seeking children calm their body, helping aid a peaceful nights sleep. Can help relieve anxiety and stress, easing transition and helping prevent melt-downs & repetitive behaviours.	£3.00 (£10 deposit)
E118		<p>Lycra Fabric -Small</p> <p>Suitable for home use to wrap the child up tight or just to have fun with</p> <p>-Ensure child is always able to free themselves</p>	<p>-The lycra provides proprioceptive feedback & promote self-calming, focus and increased body awareness</p> <p>-Many sensory seeking and challenging behaviours are often reduced with deep pressure</p>	£1.00








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		Item Description	Benefits	Cost
E119		4.5 kg Weighted Blanket <i>Safety advice-Blanket should be removed once the child is asleep</i>	May help sensory seeking children calm their body, helping aid a peaceful nights sleep. Can help relieve anxiety and stress, easing transition and helping prevent melt-downs & repetitive behaviours.	£3.00 (£10 deposit)
E120		2.4 kg Weighted Blanket <i>Safety advice-Blanket should be removed once the child is asleep</i>	May help sensory seeking children calm their body, helping aid a peaceful nights sleep. Can help relieve anxiety and stress, easing transition and helping prevent melt-downs & repetitive behaviours.	£3.00 (£10 deposit)
E121		Lap Cushion (fleece) - approx 900g	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E122		Lap Cushion (fleece) - approx 1.5kg	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E123		Lap cushion (fleece) - approx 1.9kg	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00








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		Item Description	Benefits	Cost
E124		Lap Cushion (cord) - approx 1.6kg	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E125		Lap cushion (fleece) - approx 1.9kg	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E126		Lap Cushion (cord) - approx 2kg	-Discreet to place on child's lap -Proprioceptive input and deep pressure touch is effective in helping to focus children's' attention	£1.00
E127		Squeeze Vest - XS (approx - children up to 10y)	Inflatable deep pressure vest. Designed for sensory processing difficulties, autism, ADHD and anxiety disorders. Helps to calm down and focus. Lightweight and easy to use.	£3.50 (£15 deposit)
E128		Squeeze Vest - M (approx - children 10y+)	Inflatable deep pressure vest. Designed for sensory processing difficulties, autism, ADHD and anxiety disorders. Helps to calm down and focus. Lightweight and easy to use.	£3.50 (£15 deposit)




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		Item Description	Benefits	Cost
E129		Squeeze Vest - M (approx - children 10y+ to adult)	Inflatable deep pressure vest. Designed for sensory processing difficulties, autism, ADHD and anxiety disorders. Helps to calm down and focus. Lightweight and easy to use.	£3.50 (£15 deposit)
E130		Sensory Hug Compression vest Chest size 39-49cm	Provides sensory and proprioceptive feedback, it can help improve attention and concentration. Comfortable, adjustable and durable it can be worn over or under clothes.	£3.00 (£10 deposit)
E131		Sensory Hug Compression vest Chest size 49-59cm	Provides sensory and proprioceptive feedback, it can help improve attention and concentration. Comfortable, adjustable and durable it can be worn over or under clothes.	£3.00 (£10 deposit)
E132		Sensory Hug Compression vest Large	Provides sensory and proprioceptive feedback, it can help improve attention and concentration. Comfortable, adjustable and durable it can be worn over or under clothes.	£3.00 (£10 deposit)
E133		Weighted Wristbands	Provides a sensory aid to increase body awareness for fine motor skills. Gives extra sensory input during handwriting. Helps to develop strength and stability.	£1



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		Item Description	Benefits	Cost
E134		Resistance band (approx 1.5-2m)	Stretchy, wide rubber bands that provide a resistive material that is great for strengthening exercises and proprioceptive activities.	50p

