


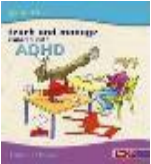


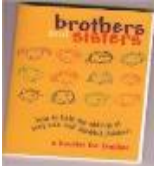
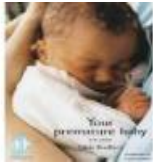




## F. Information Books

		Title	Description	Cost
F1		<b>How to Identify &amp; Support Children with Speech &amp; Language Difficulties</b>	Offers a straightforward guide to identifying children affected by speech and language difficulties, and practical advice to support those working with them. It incorporates the Afasic checklists	50p
F2		<b>How to Identify &amp; Support Children with Speech &amp; Language Difficulties</b>	Offers a straightforward guide to identifying children affected by speech and language difficulties, and practical advice to support those working with them. It incorporates the Afasic checklists	50p
F3		<b>How to Manage and Teach Children with Challenging Behaviour</b>	Offers a straightforward guide to managing children who display challenging behaviour, and practical advice to support those working with them.	50p
F4		<b>How to Teach &amp; Manage Children With ADHD</b>	Offers a straightforward guide to teaching children affected by ADHD, and practical advice to support those working with them.	50p
F5		<b>How to Understand &amp; Support Children with Visual Needs</b>	Supporting pupils with visual needs calls for understanding the processes of vision, the range of visual needs and what these mean for children's learning, and the practical ways in which visual needs may be addressed.	50p




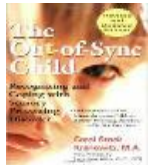



## F. Information Books

		Title	Description	Cost
F6		<b>The Boy from Hell...Life with a child with ADHD</b>	When he was younger Daniel's behaviour was challenging, earning him the nickname "the boy from hell" A mums' story about how she coped with her sons ADHD	50p
F7		<b>Brothers &amp; Sisters How to help the siblings of sick &amp; disabled children</b> Slightly worn copy	Looks at ways to help siblings through tricky times, covers children of various ages	50p
F8		<b>Your Premature Baby The first 5 years</b>	Demystifies complex medical information and advises on everything that can be done to help. Also deals sensitively with parents' emotional problems following the birth of a premature baby	50p
F9		<b>The Incredible 5 Point</b>	Teachers and parents have a simple, yet effective way to teach social rules and expectations, problem-solve the behavioural responses of others.	50p
F10		<b>When my Worries get too Big</b>	Illustrated children's book is filled with opportunities for children to participate in developing their own self-calming strategies	50p


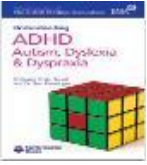





## F. Information Books

		Title	Description	Cost
F11		<b>Teaching Motor Skills to Children with Cerebral Palsy</b>	Written by an experienced physiotherapist, this practical guide gives parents the keys they need to help their child with cerebral palsy or another developmental delay master gross motor skills beginning in infancy	50p
F12		<b>Special Brothers &amp; Sisters</b>	A collection of real-life accounts from the brothers and sisters of children with special needs, disability or serious illness, ranging in age from 3 to 18 years.	50p
F13		<b>The Curious Incident of the Dog in the Night Time</b>	Christopher is an intelligent youth who lives in the functional hinterland of autism--every day is an investigation for him because of all the aspects of human life that he does not quite get.	50p
F14		<b>The Out of Sync Child</b>	Describes the symptoms of and treatments for sensory processing disorder, a frequently misdiagnosed problem in which messages from the senses are not correctly processed by the central nervous system.	50p
F15		<b>What to Do When You Worry Too Much</b>	A Kid's guide to overcoming Anxiety.	50p


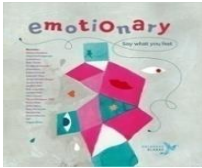


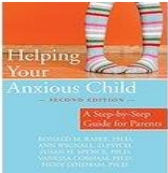


## F. Information Books

		Title	Description	Cost
F16		<b>Can I Tell You About Anxiety</b>	Meet Megan - a young girl who has an anxiety disorder. Megan invites readers to learn about anxiety from her perspective, helping them to understand why she sometimes feels anxious and how this affects her thoughts, feelings and behaviours.	50p
F17		<b>Understanding ADHD</b>	The basic features of each disorder diagnosis, incidence and treatment strategies are covered separately in this book.	50p
F18		<b>Top Tips for Fussy Eaters</b>	This little book gives tips to: - Create food that is fun to eat, yet healthy and nutritious - Make mealtimes less stressful - Encourage your child to eat fruit and vegetables	50p
F19		<b>Baby Sleep</b>	This book gives parents the tools they need to find the solution that most suits them - Addresses a variety of different special needs or medical reasons for disturbed sleep.	50p
F20		<b>1-2-3 Magic Effective Behaviour Management for Children 2-12 years</b>	The 1 2 3 Magic programme is highly recommended by ADDISS as behavioural intervention for children with ADHD and other challenging behaviours. It has also been recommended for autistic children too.	50p



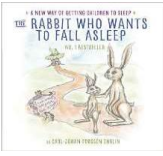
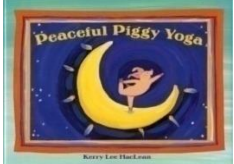



## F. Information Books

		Title	Description	Cost	
F21		<b>Early Intervention Games</b>	Fun, Joyful Ways to Develop Social and Motor Skills in Children with Autism Spectrum or Sensory Processing Disorders	50p	
F22		<b>Emotionary how you feel!</b>	<b>Say</b>	An illustrated dictionary of emotions Helps to learn about recognising emotions	£1.00
F23		<b>Relax Kids Brilliant</b>	<b>Be</b>	- 52 positive activities for kids -Promotes positive attitude with positive affirmation activities	£1.00
F24		<b>Sensory Processing 101</b>		An explanation of each sensory system , activities to support the development of each sensory system. Resources related to sensory processing	£1.00
F25		<b>Helping your Anxious Child</b>		Covers topics, including: -separation anxiety, general anxiety, social anxiety, specific phobia and panic disorder, how anxiety originates, and options for dealing with the problem	£1.00

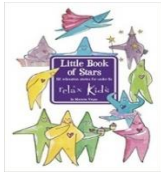

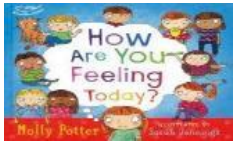




## F. Information Books

		Title	Description	Cost
F26		<b>LEGO®-Based Therapy</b>	Outlines the theory and research base of the approach and gives advice on all practical considerations	£1.00
F27		<b>Building Language Using Lego Bricks</b>	Building Language using LEGO® Bricks is a flexible and powerful intervention tool designed to aid children with severe receptive and expressive language disorders, often related to autism and other special educational needs.	£1.00
F28		<b>The Rabbit Who Wants to Fal Asleep</b>	Innovative way to help your child fall asleep and recommended by psychologists and therapists.	50p
F29		<b>Peaceful Piggy Yoga</b>	Piggy helps children learn to relax and practice some of the common yoga moves. Helps encourage relaxation and meditation	50p
F30		<b>Peaceful Piggy Meditation</b>	Piggy helps children learn to meditate. Helps encourage relaxation and mindfulness.	50p



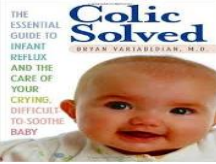
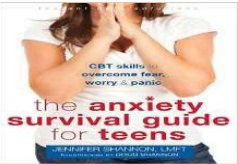
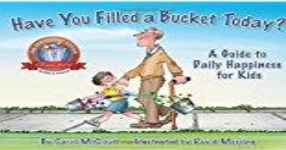


## F. Information Books

		Title	Description	Cost
F31		<b>Relax Kids: Little Book of Stars</b>	The reflections in Little Book of Stars incorporate simple relaxation exercises and visualizations designed to improve childrens self-esteem and confidence and reduce stress and anxiety.	50p
F32		<b>The Huge Bag of Worries</b>	Wherever Jenny goes, her worries follow her - in a big blue bag. They are there when she goes swimming, when she is watching TV, and even when she is in the lavatory. Jenny decides they will have to go. But who can help her?	50p
F33		<b>How are you feeling today</b>	Emotions can be a difficult subject of conversation to start up with young children. Where do you start? We all experience emotions and that's great, as long as we know what to do with them.	50p
F34		<b>My special Brother Rory</b>	A sister's eye view of the joys and pitfalls of having a brother who has autism. Although aimed firstly at children aged 4-7, children of all ages will enjoy this book.	50p
F35		<b>Sometimes</b>	Toby knows his sister Clemmie is very brave. When she has to go to hospital, they both have to help each other face their fears. Together they make hospital a much better place.	50p





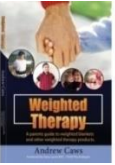
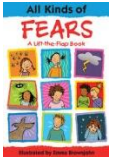
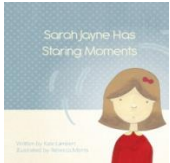
## F. Information Books

		Title	Description	Cost
F36		<b>Just Because</b>	Toby thinks his sister Clemmie is the best. Join their adventures to find out why. A heart-warming story of the very special bond between a brother and a sister, no matter what.	50p
F37		<b>My Social Stories Book</b>	-Takes children step by step through basic activities such as brushing your teeth, taking a bath and getting used to new clothes. -It also helps children to understand different experiences such as going to school, shopping or the doctors.	50p
F38		<b>Colic Solved</b>	Recognize the 7 signs of reflux, learn about milk protein intolerance, when to stop feeding an irritable baby. Effects of formula, breast milk, bottle systems, winding and pacifiers. Know when to seek help.	50p
F39		<b>Anxiety Survival Guide for Teens: CBT Skills to Overcome Fear, Worry, and Panic (Instant Help Solutions)</b>	If you have anxiety, your fears and worries can keep you from feeling confident and independent. Teen milestones such as making friends, dating, getting good grades, or taking on more mature responsibilities, may seem much more difficult.	£1.00
F40		<b>Have You Filled Your Bucket Today?</b>	This heart-warming book has become a classic, selling over a million copies, and is listed as one of the top children's books that encourage kindness towards others.	50p




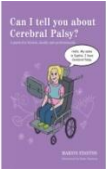

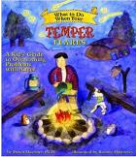



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		Title	Description	Cost
F41		<b>The Weighted Blanket Guide</b>	Everything you need to know about weighted blankets & deep pressure for autism, chronic pain & other conditions. Contains guidelines for using, selecting & even making your own.	£1.00
F42		<b>What to do when you dread your bed</b>	Guides children and their parents through the cognitive-behavioral techniques used to treat problems with sleep. Fears, busy brains, restless bodies, and overdependence on parents are all tackled.	50p
F43		<b>Weighted Blankets &amp; Other Weighted Therapy A parents Guide</b>	Covering the basic theory of sensory integration and how weighted therapy works, through to the various products available on the market today - all in an easy to read style.	50p
F44		<b>All Kinds of Fears: a Lift the Flap Book</b>	This book deals with all kinds of fears, from spiders to being different. It teaches that its ok to have fears, to talk about them and try to understand them.	50p
F45		<b>Sarah Jayne has Staring Moments</b>	A fictional childrens book for a child absence seizure epilepsy	50p








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		Title	Description	Cost
F46		<b>Can I Tell you About Epilepsy?</b>	A guide for friends, family and professionals	50p
F47		<b>Can I Tell you About Cerebral Palsy?</b>	A guide for friends, family and professionals	50p
F48		<b>Make New Friends</b>	Sweet story introduces the concept making friends in a positive and reassuring way	50p
F49		<b>What to Do When Your Temper Flares</b>	A kids guide to overcoming problems with anger. Guides children and their parents through the cognitive-behavioural techniques used to treat problems with anger.	50p
F50		<b>A Volcano in my Tummy</b>	Helps 6 to 15 year old handle their anger. Full of stories, games and exercises to encourage children to deal with their anger constructively.	50p

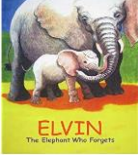


## F. Information Books

		Title	Description	Cost
F51		<b>Sisterhood of the Spectrum</b>	A guide to life for teenage girls with Asperger syndrome. Drawing on her own, real-life experiences rather than preaching from textbooks, she covers everything you need (and want!) to know	50p
F52		<b>The Asperkids Secret Book of Social Rules</b>	Covering a wide range of issues from Facebook, privacy, power games people play and how to deal with them, and above all it may help to develop a better understanding of how to avoid social traps and become a strong	50p
F53		<b>Pants of Peace</b>	Mindful meditation calms the brain & helps with social-emotional skills. Incorporated simple relaxation exercises & visualizations designed to improve children's self-esteem & confidence, reduce stress & anxiety.	50p
F54		<b>Two left feet</b>	Synopsis - Bryn is handicapped he makes it to the top of the castle, and calls to Owain, who's afraid of heights. But Owain is still afraid, until the headmaster persuades him and they both climb the tower to meet Bryn.	50p
F55		<b>Dyslexia Explained</b>	Helps parents understand dyslexia: the positives, the difficulties and what helps. After reading, parents can use it to help explain dyslexia to their child.	50p



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F56		Elvin - The Elephant Who Forgets	A story to help children understand the emotional and cognitive changes they may experience after brain injury.	50p

