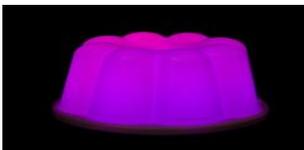


## H. Relaxation

		Item Description	Benefits	Cost
H101		<b>Dark Den Kit1</b> A selection of light up and UV toys for use in a dark den. 15 items	Set of 15 sensory and UV lighting items, includes UV lamp. Ideal for use in dark dens.	£1
H103		<b>Colour changing cube</b>	-Slow colour changing light -Calming effect -Perfect for a night light Requires Batteries	£1.00
H105		<b>Glitter light</b>	-Produces mesmerising patterns when used in the dark -Calming gentle effect Requires batteries	£1.50
H107		<b>Portable UV light</b> Stand alone or hold in your hand, this versatile light brings any UV object to life.	-UV light provides a visual medium that gives a dramatic eye-catching effect. -Gives captivating bright vivid colours. Requires AA batteries	£1.50
H108		<b>Relaxing Ocean Wave Projector</b> with speakers & MP3 input	-Produces mesmerising patterns when used in the dark -Calming gentle effect	£2.00
H109		UV Kit	Tactile & visually stimulating when used with UV light (H107)	£1.00



## H. Relaxation

		Item Description	Benefits	Cost
H110		Electric Lava Lamp	-Produces mesmerising patterns when used in the dark -Calming gentle effect	£1.50
H111		Electric Glitter light	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight	£1.50
H112		Jelly Light	-Colour changing light -Calming gentle effect Requires Batteries	£1.50
H113		Space projector with 4 oil wheels	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight	£2.50 (£10 deposit)
H114		Small Pop up doodle dark dome	-Use anywhere, anyplace, anytime of day -Provides a safe environment for children to escape to	£1.50
H116		Pop up white projector mat & shelter	Creates an instant projection theatre enabling images to be projected within the childs field of vision. Ideal for bringing images closer. (Projector to be borrowed separatley)	£1.00



## H. Relaxation

		Item Description	Benefits	Cost
H117		CD Bedtime meditation	Mindful meditation calms the brain & helps with social-emotional skills. Relaxation exercises & visualizations designed to improve children's self-esteem & confidence and reduce anxiety.	50p
H119		British Bird song CD	Calming CD to help you relax, may help promote sleep.	50p
H120		Relax Kid's Anger management CD	-Simple relaxation techniques to help manage anger & emotions	50p
H121		Vibrating foot muff	Great stress reliever for tired & stressed mummy's!!! May help sensory seeking kids too!	£1.00
H122		Vibrating Foot Spa	-Great stress reliever for tired & stressed mummy's!!! -May help sensory seeking kids	£1.00
H124		Colour Changing Fibre Optic Light	-Helps create soothing and calming environment -Provides a captivating visual reward Requires Batteries	£1.00

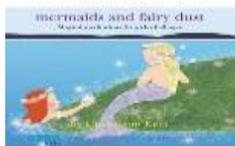


## H. Relaxation

		Item Description	Benefits	Cost
H126		<b>Baby Projector</b>	-Helps create soothing and calming environment -Provides a captivating visual reward Requires Batteries	50p
H127		Lullaby Star Cube	Projects colour changing stars to calm Has lullabies & nature sounds May help people with tinnitus Requires batteries	£1.00
H129		<b>Baby Einstein Lullaby Classics CD</b>	Calming classical music to help you relax, may help promote sleep.	£1.00
H130		<b>Relax with Nature 3 Volume set -Ocean, Summer &amp; Rainforest Sounds</b>	Calming nature sounds Effective when played at low volume to make atmosphere more restful	£1.00
H131		<b>Auraglow Colour Changing Light Bulb</b>  <i>Bayonet fitting</i>	-Produces a calm atmosphere in any room -Energy saving light bulb so it can be left on safely -5 different speed settings	£1.00
H132		<b>Full Colour Rotating Lamp</b>  <i>Bayonet Fitting</i>	-Produces a calm atmosphere in any room -Energy saving light bulb so it can be left on safely	£1.00



## H. Relaxation

		Item Description	Benefits	Cost
H133		<b>Senseez Furry</b> Fun vibrating cushion <i>2 x AA Batteries required</i>	-Helps promote calm and wellbeing -Improves focus and concentration -Develops confidence and creativity - Helps you to sleep soundly and peacefully	£1.50
H134		<b>Mermaids &amp; Fairy Dust</b> Beautiful and imaginative meditations for wonderful little girls of all ages.	It can help children's' attention span, concentration and focus, when related to the children previously not sleeping enough.	£1.00
H135		<b>The Lake -Help your child to Sleep</b> For Children aged between 4 and 12 years of age who have problems falling or staying asleep	Mindful meditation calms the brain & helps with social-emotional skills. Incorporated simple relaxation exercises & visualizations designed to improve children's self-esteem & confidence, reduce stress & anxiety.	£1.00
H136		<b>Vibrating body massager with lights</b>	-Helps relaxation -May be good for those with sensory difficulties	£1.00
H137		<b>Rotating disco light</b>	-Fun rotating light -Help to stimulate the visual sensory system. -Promote visual tracking	£1.00
H138		<b>Vibrating Body Massager</b>	-Helps relaxation -May be good for those with sensory difficulties	£1.00



## H. Relaxation

		Item Description	Benefits	Cost
H139		<b>YOGA Kids Silly to Calm 3-6yrs</b>	Energetic activities & calming basic yoga movements. Some relaxation	50p
H141		<b>GU10 1W LED 16 Colour Changing Light Bulb With Remote Controller</b>	-Produces a calm atmosphere in any room -Energy saving light bulb so it can be left on safely -5 different speed settings	£1.00
H142		<b>Mini Jelly Fish lamp</b>	Jets of air move the jellyfish around the tank Makes a fantastic nightlight, moodlight, or attention-grabbing feature	£1.50
H143		<b>Heart Colour Changing Mood Light</b>	-Slow colour changing light -Calming effect -Perfect for a night light Requires Batteries	£1.00
H144		<b>Speakers with LED light dancing visual water display</b> <i>Compatible with any device with a 3.5mm earphone output</i>	Dancing water speakers - they dance to your music -Stunning LED light Dancing visual water display	£2.50
H147		<b>Heart Colour Changing Mood Light</b>	-Slow colour changing light -Calming effect -Perfect for a night light Requires Batteries	£1.00

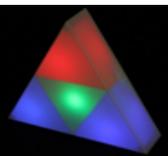


## H. Relaxation

		Item Description	Benefits	Cost
H148		<b>1.2m Bubble Tube</b>	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight	£2.50 (£10 deposit)
H149		<b>Cloud B Twinkles To Go Octo Plush Toy,</b>	-Slow colour changing light -Calming effect -Perfect for a night light Requires Batteries	50p
H150		<b>LED High Power Rotating Crystal Kaleidoscope Disco Ball Light 4"- (Portable Battery Powered)</b>	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight	50p
H151		<b>LED Colors Changing Pyramid Shaped Digital Alarm Clock (White, Pack of 1)</b>	The 7 LED Colors Digital Alarm Clock, 12/24 hours format and C/F conversion are selectable. The Digital Alarm Clock ,Choose from 7 different colors for background display	£1.00
H152		<b>Infinity Mirror</b>	Infinity illusion of a tunnel of lights. Calming effect. Requires batteries.	£1.00
H153		<b>Electric Glitter light</b>	-Produces mesmerising patterns when used in the dark -Calming gentle effect Note: Not to be left on overnight	£1.50



## H. Relaxation

		Item Description	Benefits	Cost
H154		Sleep Sound Machine	Natural sleep aid. Five relaxing sounds to choose from, night night and optional sleep timer.	£1
H155		Vibrating Pillow	The Vibrating Pillow is relaxing and comfortable. Vibration activated by either pressure or by pressing switch.	£2
H156		Sensory Mood Triangle	Split into four internal triangles, each section displays a different colour creating patterns of light that is sound reactive.	£1
H157		Dark Den - pop up cube	Pop up darkden 1.2m square. Use with sensory and UV lighting.	£2.00 (£10 deposit)
H158		Dark Den - large	Large study dark den, easy pole construction. Use with sensory and UV lighting.	£3.00 (£10 deposit)
H159		Dark Den Kit	Set of 15 sensory and UV lighting items, includes UV lamp. Ideal for use in dark dens.	£1



## H. Relaxation

		Item Description	Benefits	Cost
H160		Shake and Shine lights	The shake and shine lamp provides a stunning array of colours which are calming and soothing for any child. Ideal addition to any sensory room or dark den.	£1
H161		Starlight projector	Light that makes stars and a crescent moon appear on the surface immediately above the projector.	£1
H162		Light wand	Multi-coloured fibre optic wands are a superb sensory tool that creates tons of fun in darkened areas such as sensory dens or sensory rooms.	£1
H163		Light up sensory strobe bar	This flashing strobe bar features sound reactive technology - make a noise or turn on some music and watch the multi coloured lights flash to the beat, creating an fun filled light show.	£1
H164		Colour Changing Cylinder Light	1 meter tall, Use the remote to change between light modes, phases and colours or simply set to fade between the 6 main colours.	£3.00 (£10 deposit)
H165		Fibre optic sensory light system	Consists of an LED power source featuring multiple operation modes including static or colour change with a choice of three speeds,	£5.00 (£30 deposit)



## H. Relaxation

		Item Description	Benefits	Cost
H166		6 Way LED Party Light	6 different colour LED lights with speed controlled chase function. Lights can also react to music.	£1.50

