

Family Forest Fun



The whole family can explore the woodland at their own pace throughout this forest session full of fun. We will have lots of woodland crafts and fun activities to try and enjoy, like exploring the mud kitchen, cooking on the fire, free play and possibly some tool use.

- Once a month
- Micro Woodland, Elms Farm, Hardy Lane, Tockington BS32 4LQ
- Ages 0-25 years, with a parent or carer



**Children, Young
People and
Families**



Family Forest Fun Led by Ceri with volunteer Jolsy



Family Forest Fun can help by...

Reconnecting you with nature, benefiting the whole family's emotional and physical wellbeing. Doing tasks with or alongside others outdoors can also help to reduce isolation and help you gain support through connecting with others.

“He was smiling, happy, talkative and confident in touching different things and expressing himself.”

With support from

